

LUNCH MENU - WEEK ONE



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Nursery and Reception Snack (10.00am)	A selection of fresh fruits or puree				
Lunch	Chicken, mascarpone & vegetable pasta bake	Lamb moussaka With minted peas	Chicken Dhansak, rice, sautéed cabbage	Pesto Pasta with fresh baked focaccia & dressed salad	Fish, chips, peas
Vegetarian Option	Mascarpone & vegetable pasta bake	Lentil & pepper moussaka with minted peas	Cauliflower Dhansak, chapati, herby carrots	As above	Falafel, chips, peas
Dessert	Raspberry & white chocolate sponge cake	Chocolate cracknel	Dressed fruit salad	Berry Clafoutis	Chocolate Brownie
Nursery Lunch	Chicken in smooth red pepper & squash sauce, broccoli	As above	As above	As above	Either of the above
Nursery Dessert	Raspberries & yoghurt	Rice pudding & poached pears	Yoghurt and fruit	Berry Clafoutis	Peach & Blueberry fool
Salad Bar	A selection of fresh salads and cold proteins, such as a variety of sandwiches. Jacket potatoes are also available				
Pre-Prep Snack (2.30pm)	Our daily special low sugar snacks				
Nursery Snack (3.00pm)	A selection of baked bread & butter, oatmeal muffins, date bars, fruit or cheese and crackers				
Prep Snack (4.10pm)	Chosen on the day by our Chef, with nutrition and quality in mind!				
Nursery Tea (4.30pm)	Baked potato, beans/ cheese	Sandwich selection with crudites	Cheese & pineapple pizza fingers, cucumber and peppers	Beef meatballs, marinara sauce, flatbread	Ratatouille, rice