

SOUTH LEE LUNCH MENU - WEEK 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Reception Snack (10.00am)	A selection of fresh fruits or vegetable				
Lunch	Chicken Paprikash A tasty Hungarian dish with paprika and tomatoes with pasta, cauliflower	South Lee Taco Tuesday! Seasoned ground beef, cheese, salsa, salad, corn	Mac'n'cheese, baked tomatoes & peas	Mega beef & pork meatballs with chopped spinach, roasted red pepper sauce, cheesy mash & green beans	BBQ seasoned pork gyros, pitta, tzatziki, salad, sliced potatoes
Vegetarian Option	Mushroom & pepper paprikash	Mixed bean taco	Mac'n'cheese, grilled tomatoes & peas	Vegetarian meatballs	Felafel gyros
Dessert	Chocolate cracknell	Summer berry crumble slice & icecream	Iced ring Doughnut	Shortbread & chocolate mousse	Cake of the week!
Salad Bar	A selection of fresh salads				
Pre-Prep Snack (2:30pm)	Our daily special low sugar snacks				
Prep Snack (4:30pm)	Chosen on the day by our Chef, with nutrition and quality in mind!				