

# LUNCH MENU - WEEK TWO



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Nursery and Reception Snack (10.00am)	A selection of fresh fruits or puree				
Lunch	Macaroni Cheese & vegetable of the day	Hot Dog, sauces, herby seasoned potatoes & buttered corn	Bolognese, penne, roasted courgette	Chicken Korma, basmati, pappadum & buttered peas	Salmon fishcakes, chips, baked beans
Vegetarian Option	Macaroni cheese & vegetable of the day	Vegetarian hotdog, herby seasoned potatoes & buttered corn	Lentil & vegetable bolognese, roasted courgette	Chickpea & spinach korma, basmati, pappadum & buttered peas	Vegetarian sausages, chips, baked beans
Dessert	Chocolate chunk cookie	Fresh fruit selection	Flapjack	Dorset apple cake & custard	Lemon Cake
Nursery Lunch	Sweet potato & spinach macaroni cheese, vegetable of the day	Herby tomato chicken, diced potatoes, buttered corn	Bolognese, penne, roasted courgette	Coconut chicken, rice, broccoli	Salmon fishcakes, baked beans
Nursery Dessert	Apple compote & yoghurt	Rice pudding & bananas	Yoghurt & dates	Stewed apples & custard	Cheese & sliced grapes
Salad Bar	A selection of fresh salads and cold proteins, such as a variety of sandwiches. Jacket potatoes are also available				
Pre-Prep Snack (2.30pm)	Our daily special low sugar snacks				
Nursery Snack (3.00pm)	A selection of baked bread & butter, oatmeal muffins, date bars, fruit or cheese and crackers				
Prep Snack (4.10pm)	Chosen on the day by our Chef, with nutrition and quality in mind!				
Nursery Tea (4.30pm)	Red lentil dahl, dipping flatbread fingers	Mixed bean goulash & fresh baked bread roll	Potato, broccoli & cheese pie	Sausage & vegetable rolls and salad	Chicken, pepper, sweet potato fajitas