

Intimate Care Policy September 2024

ISI Reference	
Key Author	DSL
Reviewed by	Head
Approval Body	Board of Governors
Approval Frequency	Annual
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Signed:	Steve Honeywood,
	Chair of Governors
1007-in (3/9/24

Intimate Care Policy

This policy applies to all staff undertaking particularly to those who are in the Early of development for this group of children



personal care tasks with children but Years Foundation Stage. The normal range indicates that they may not be fully toilet

trained. In addition to this there are other vulnerable groups of children and young people that may require support with personal care on either a short, longer term or permanent basis due to SEN and disability, medical needs or a temporary impairment. Examples of these may be children who have limbs in plaster or are temporarily wheelchair bound.

Definition of Intimate Care

Intimate personal care includes hands-on physical care in personal hygiene, and physical presence or observation during such activities. Intimate personal care tasks can include:

- Body bathing other than to arms, face and legs below the knee
- Toileting, wiping and care in the genital and anal areas
- Dressing and undressing
- Application of medical treatment, other than to arms, face and legs below the knee
- Supporting with the changing of sanitary protection

Guiding Principles of Intimate Care

Whenever staff are providing intimate care for a child the following principles must be followed:

- The dignity of the individual child must be maintained and the care needed should be explained to them
- Sensitivity must be shown to their needs and preferences
- Their safety and comfort must be paramount
- Their right to give or to withdraw their consent must be respected
- They should be encouraged to care for themselves as much as is reasonably possible
- Hygiene for both the member of staff and the child must be a priority

Record of Events

If a member of staff has had to give intimate care to a pupil this should be recorded on the Intimate Care Log (Appendix 1) The Early Years Foundation have an additional Intimate Care log situated in each of the four toilet blocks that are in use. The log records: who has received the care; who has given the care; what was involved and the time that it took place. The EYFS additional logs (Appendix 2) All logs are regularly reviewed by Mrs Catchpole and any patterns found are reported to the Head.

The Designated Safeguarding Lead, is Mrs Sarah Catchpole.

Appendix 1

Intimate Care Log

Name	Date	Time	Cyg	Swans	Rec	Pre	Wiped	Assist	Wet	Soiled	Staff
of						Prep	Botto	ed	under	under	Initial
Child							m	with	wear	wear	
								clothi			
								ng			

Appendix 2

Nappy Changing Log

Name	Cyg	Swan	Rec	Date	Time	Wet	Soiled	Dr	Toil	Crea	Sore	Loos	Addi	Staff
								У	et	m	/	e	tion	initia
										appli	rash	stool	al	Is
										ed			infor	

						mati	
						on	